

# DANCE

**BEFORE ENTERING:** PLEASE READ GENERAL RULES, ENTRY RULES, AND PERFORMANCE RULES, on pages 2 and 3, and ENTRY FEES listed in this section.

All entries must be submitted through the studio in which the dancer trains. All incomplete entries will be returned to the appropriate studio. If the dancer is a resident of the Cowichan Valley who trains elsewhere, he or she may enter as an independent dancer. Entries which are not completed by the deadline for rough copy changes will not be included in the program.

1. Registration must indicate whether they the dancer (solos only) wish to be in the **COMPETITIVE** or **PERFORMANCE** category.
2. The name of the dance, the title and composer of the music and the choreographer **MUST BE SPECIFIED ON EACH ENTRY FORM**. ENTRIES WITHOUT THIS INFORMATION will be not be included in the program. The name of the show is to be included if it is a musical theatre piece. (use the Opus line on the reg. form) The name of a private dance studio must not be part of the dance name. Any substitution of original material will result in the entry receiving an **ADJUDICATION ONLY**. NOTE: Check specific rules for each Division. Entries in an incorrect class will be **DISQUALIFIED**.
3. **GROUPS** must include 4 performers or more. Class age is determined by adding all ages together and dividing by the number in the group. The age of any individual should not be more than 2 years over the class age. **Name and age** of each participant, in alphabetical order by last name, **MUST** be on the back of Entry Form or will not be accepted. **PRODUCTION NUMBERS** must include 8 performers or more, and must have a **Theme** or **Storyline**.
4. No performer may perform more than once in solo, duo, or trio classes in each division. This will result in **DISQUALIFICATION**.
5. Entrants in all classes are eligible to perform at one of the Gala or Highlights Concerts and **MUST BE** prepared to perform, **if chosen by the Adjudicator**.
6. **Entrants in doubt** about the correctness of their entry forms should contact their Dance Teacher, who will contact the Dance Committee for clarification. **Changes made after the deadline will result in Adjudication Only**
7. **A rough copy of the program will be available to all schools and studios as soon as possible after January 10th, 2023. Changes on rough copy must be made prior to January 15, 2023. No changes WHATSOEVER after this date.**
7. In order to be eligible for Provincial Competition, dancers must enter a minimum of two solos in a discipline and must attend the master class in their age group. All entries must be complete by the **entry deadline**. "Drop Ins" for master classes are not eligible. **PERFORMERS MUST RECEIVE 2 MARKS OF 85 OR OVER.**

## PERFORMANCE RULES

1. **Any discussion or other communication with the Adjudicator by parents, students or teachers is not allowed and will result in disqualification.**
2. All music must be downloaded by February 16, 2023. Email from Dance Chair will provide further instructions.
3. Lyrics, costumes and dance content must be suitable for the age level of the dancers and reflect Festival standards. If, in the opinion of the Adjudicator, language, content or costuming is inappropriate, he or she will ring the bell, the music will stop and the dance will not be completed. No adjudication will be given and the performers will not be permitted on stage for adjudication.
4. Props must be integral to the performance and **MUST BE SET AND STRUCK BY THE DANCER**. Props must not be just for scenery.
5. There is **no glitter** allowed in the theatre, whether in costumes, hair, makeup or props. Studios who fail to comply will be billed for theatre cleaning.
6. Studio identification is not to be worn onstage by anyone at anytime, including adjudication.
7. **OBSERVE TIME LIMITS** - All dances will be timed. Overtime dances will be disqualified.
8. Teachers must be in open classes only. If a teacher is needed to substitute for a missing dancer, that entry will be moved to an open class.
9. No food or drinks, **including water**, are allowed backstage.
10. **NO PARENTS** are allowed backstage without prior permission from the Dance Committee. No teachers are allowed backstage during any music interpretation class.
11. The program will proceed as scheduled. It is the responsibility of the performers to free their time accordingly. Notify the Committee of the intention to withdraw from a class **BEFORE** the session begins.
12. All music must comply with copyright rules, with no changes to music or lyrics whatsoever. If lyrics are unacceptable, find and submit the "clean version".
13. Lights are preset and will remain the same for all performances. The curtain will not be used.
14. **DO NOT ENTER OR EXIT THE THEATRE DURING A PERFORMANCE OR ADJUDICATION.**
15. **Only one actively supervising adult per entry is permitted in the dressing room area per session.**
16. **No phones backstage.** See Dance Chair for exceptions.

# DANCE

## AWARDS

A number of AWARDS will be given to encourage and assist worthy entrants in their pursuit of artistic studies. To merit these awards, competitors must reach a **standard of accomplishment satisfactory to the Adjudicators**. The **ADJUDICATORS HAVE SOLE RESPONSIBILITY FOR THE SELECTION OF RECIPIENTS.**

### **CATEGORY DEFINITIONS:**

**ACROBATIC DANCE:** - All participants must be supervised during routine. Routine must be 50% DANCE and 50% acrobatic elements. No flames, sharp pointed objects or mats. Acro tricks are defined as any rotation when the performer's hips pass over their shoulders. Examples are tucks, walkovers, chin and elbowstands, handsprings, handstands, roundoffs and aerials. Movement where one foot is in contact with the ground (ie illusion) is permitted. All participants should have an emergency plan in event of injury. A simple prop may be used as an integral part of the routine.

Groups: a lift/supporting dancer must maintain direct contact with the stage at all times.

No more than 3 ACRO movements described above, excluding cartwheels will be allowed in other Dance Disciplines such as Tap, Stage, S & D, Jazz, Lyrical Jazz and Contemporary. At the Adjudicator's discretion, Dancer(s) using too many of these movements in these Dance Disciplines will receive an adjudication only

**BALLET:** Dance based on any method of classical ballet technique. (Russian, Cecchetti, R.A.D. etc.) The dance tells no story. No sets permitted; hand-held prop may be used if integral to the dance.

**NO VOCAL MUSIC IN SOLO CLASSES. Dances with Lyrics must be in Lyrical Ballet Category.**

**CHARACTER:** A definite character must be portrayed whereby the dancer becomes the whole character using any medium other than the pure classical form: e.g. mime, and telling a story. Music and dance should not be taken from the Musical Theatre. Simple props may be used if integral to the dance. **NO VOCAL MUSIC.**

**DEMI-CHARACTER:** As interpreted through the Ballet medium using ballet steps from the waist down, and the character from the waist up with minimal use of simple props, if integral to the dance. **NO VOCAL MUSIC.**

**INTERPRETIVE:** Any technique may be used as long as the body is the medium of interpretation to portray an intangible idea or mood, real or imaginary, modern, abstract or traditional; **NO VOCAL MUSIC.** Keep in mind that the dancer should not portray a person or character.

**CONTEMPORARY BALLET:** Incorporates classical ballet techniques with greater range of movements which may not adhere to strict body lines for classical ballet. This style includes non-traditional movements, such as more relaxed steps, floor work and turned in legs, etc., to portray the concept of being more innovative, free and earth-bound. They physical interpretation of the theme that the choreographer envisioned allows for more expressive emotions and feelings.

### **LYRICAL BALLET:**

Continual, gentle flowing technical ballet movements. Music may contain words. No lip-syncing permitted.

**THIS ENTRY DOES NOT QUALIFY FOR PROVINCIAL RECOMMENDATION**

**NATIONAL:** An **authentic** National dance from any specified Country. Music and costume should correspond to the dance. Highland dances are permitted.

**FOLK:** Group dances, Own Choice. Country/Folk dance: i.e. France/Farondole, Austria/Schulplattler, Scotland/Dashing White Sergeant. Any authentic singing game or folkdance, excluding Maypole Dance.

**CHARACTER-NATIONAL:** Dance based on traditional dance style of one country. **Must portray a character in dance form.** Highland dances are permitted.

**CONTEMPORARY:** Free movement of dance encompassing various dance disciplines; a constantly evolving style of movement that explores and gives physicality to human ideologies, behaviours and emotions, with emphasis on engaging the whole body. **VOCAL OR NON-VOCAL MUSIC.**

**MODERN:** A stylized dance form with its foundations on a technique based discipline such as Graham, Limon, Cunningham, Humphrey, Horton and Ailey, etc. Dance based on the dynamism of natural rhythms such as contraction and release, fall and recovery. **VOCAL OR NON-VOCAL MUSIC.**

**TAP:** Dance based on any recognized tap technique. Straight tap, hand-held props: i.e. hat, cane. Must not have tap dancing sounds in music. **VOCAL OR NON-VOCAL MUSIC**

## **CATEGORY DEFINITIONS (CONT'D)**

**JAZZ:** Traditional: Dance based on any recognized jazz technique. An interpretation of the music in the jazz dance idiom. Free movement, improvised and usually characterized by syncopated rhythm and use of isolated movements. No more than two acrobatic tricks are permitted in this category. Splits and jazz floor work permitted. **Does not include Hip-hop/Street dance steps** - see Division Eight.

**LYRICAL JAZZ:** . A Lyrical Jazz routine places emphasis on flowing lyrical movements while using Jazz technique. May interpret the lyrics or mood (intent) of a song. **VOCAL OR NON-VOCAL MUSIC**

**STREET DANCE:** A constantly evolving form of dance that relies on individualism and personal style and emphasizes the expressive power of movement – should include but not be limited to choreography that incorporates a blend of contemporary, funk and street style with jazz technique. May include gliding, popping, locking, waving and utilize house, old school and new school. May also include gymnastics/power moves or any series of tricks or stunts as long as music, costumes and lyrics are age appropriate.

### **MUSICAL THEATRE:**

**Song and Dance:** - Routine suited to a stage production. 50% own voice, 50% dance. **NO VOCAL MUSIC.**

**Modern Stage/Variety:** - dance suited to a stage production, musical theatre, review, or cabaret, etc. Must be entertaining and diversified in movement and have a character base. **No live voice. Lip-synching permitted, but not encouraged.**

## **PROVINCIAL EXCELLENCE**

Provincial Excellence class participants will attend the BC Provincial Festival on the final day only. Classes, which will be held on the last day of provincial festival competition, starting around 10:15 will require the performance of an improvised Solo of 1.5 minutes (90 seconds) duration to be performed to music selected by the adjudicator and will be considered part of the adjudicators' assessment when selecting the winner of each genre. Participants will additionally perform three (3) solos, one of which will be chosen by the adjudicator from current existing repertoire in the respective genre. The remaining two (2) solos should be selected from the categories listed for that specific genre and should demonstrate a well-rounded programme of artistic styles and versatility. Adjudicators will select the repertoire solos and information as to which solos are to be performed in any given year, and this information will be posted on the PABC website well before registration opens. Detailed information as to which solo/variation, which ballet, musical etc. the solos are taken from and which specific company version is to be used will be included as well as information as to accessing the solos and music, Repertoire chosen will be readily accessible online. No exceptions to this rule will be permitted.

### **PROVINCIAL EXCELLENCE CLASSES**

1. Provincial Excellence classes have replaced the Provincial-National classes and include all disciplines. See individual disciplines for Provincial Festival performance requirements.
2. Competitors in these classes will continue to be chosen by Adjudicators at local festivals and will be expected to be performing at a very high level, generally higher than that required for recommendation to Senior. **In Dance, competitors are expected to be at the standard of apprentice level of a professional company.**

# DANCE

## **SCHOOLS AND COMMUNITY GROUPS:** ADJUDICATION ONLY - *Time Limit 5 minutes -*

*Specify time on entry form. Performance will be timed.*

**\*\*RECORDED MUSIC...** \*MUST be on a non-erasable CD or MP3 USB stick

\*Each dance MUST be on a separate device for the Cowichan Theatre.

**Note:** 75% of a group must be of the grade specified.

All Group Classes are open to School and Community Groups, **NOT** Studio Groups.

### **FAMILY GROUP: Entry Fee - \$30.00**

Class 60000 Any combination of instruments, voice, dancing and speech arts. A family may enter this class in any section. Each entry must consist of members of one family only. Not more than **5 minutes** performance time. Specify combination and content on entry form.

**FOLK DANCE:** Any authentic singing game or folk dance, excluding Maypole Dance.

Time limit 6 minutes - specify time on entry form. See performance Rule # 7

Class 10010 Primary K-1

Class 10040 Grades 7 to 9

Class 10020 Primary Grades 2 and 3

Class 10050 Grades 10 and up

Class 10030 Intermediate Grades 4 to 6

Class 10060 Community Groups - Any age

**SQUARE OR COUNTRY DANCE:** Time Limit 6 min.- specify time - See Performance Rule #7

Class 10090 Primary K-1

Class 10120 Grades 7 to 9

Class 10100 Primary Grades 2 and 3

Class 10130 Grades 10 and up

Class 10110 Intermediate Grades 4 to 6

Class 10140 Community Groups - Any age

**GROUP DANCE:** Interpretive, creative, contemporary, modern (State category on entry form)

Time Limit 6 min. - specify time on entry form. See performance Rule #7

Class 10170 Primary K-1

Class 10200 Grades 7 to 9

Class 10180 Primary Grades 2 and 3

Class 10210 Grades 10 and up

Class 10190 Intermediate Grades 4 to 6

Class 10220 Community Groups - Any age

**JAZZ GROUPS:** Time Limit 6 minutes - specify time - See performance Rule #7

Class 10250 Intermediate Grades 4 to 6

Class 10280 Community Groups - Any age

Class 10260 Grades 7 to 9

Class 10290 Street Dancing - Any age

Class 10270 Grades 10 and up

**MUSICAL THEATRE GROUPS:** Song and dance must have a least 50% dance content.

Time Limit 6 minutes - specify time on entry form. - See performance Rule #7

Class 10300 Primary K-1

Class 10330 Grades 7 to 9

Class 10310 Primary Grades 2 and 3

Class 10340 Grades 10 and up

Class 10320 Intermediate Grades 4 to 6

Class 10350 Community Groups - Any age

**PRODUCTION NUMBERS** - See Division Ten

### **PLEASE NOTE**

**When Festival Sessions are in progress the audience and participants must remain seated and refrain from talking. The Adjudicator's decision is final and NO communication is allowed between parent and/or teacher and adjudicator at any time.**

# DANCE

## DIVISION ONE: BALLET

**\*\*NOTE:** All Classes 9 years and under are NON-COMPETITIVE

### **BALLET BARRE AND MASTER CLASS**

A session of barre and centre work at the direction of the Adjudicator, in groups according to the space available and age category. **Grooming** (as follows):

Ballet – Females: Pink tights, **dark, solid-coloured** leotard, pink ballet slippers. Hair in classic bun.

Ballet – Males: **Dark** tights and a **solid-coloured** shirt or **solid-coloured** leotard, ballet slippers. Hair neatly groomed.

Class 10360 Pre-Junior, 9 years and under

Class 10380 Intermediate, 13, 14 and 15 years

Class 10370 Junior, 10 to 12 years

Class 10390 Senior, 16 to 20 years AND Adult/Open

### **BALLET PERFORMANCE. Ballet shoes must be worn.**

To be eligible for the Adjudicator's recommendation to compete at the Provincial level, Ballet students must register, as a minimum, the Ballet Barre and Master Class, (by entry deadline) one class 045-047 or 050-052 and also one solo class from Division Two (either Character or Demi-Character) or Division Three (Interpretive). Students may choose to enter demi-pointe (all classes 042-049), and/or pointe (Classes 050-054).

**NOTE:** Duos, trios and groups entering a pointe number in this Division are to specify this in bold print on their entry and an additional category will be added for them.

#### **SOLOS - Demi-pointe - Time limit 3 minutes - See performance Rule #7**

Class 10420 First year student, any age: Specify age. - NON-COMPETITIVE

Class 10430 7 years and under - NON-COMPETITIVE

Class 10440 8 and 9 years - NON-COMPETITIVE

Class 10470 16 to 20 years

Class 10450 10 - 12 years

Class 10480 Open - see Performance Rule #8

Class 10460 13 - 15 years

Class 10490 Adult

#### **SOLOS - Pointe - Time limit 3 minutes - See performance Rule #7.**

Class 10500 12 years

Class 10520 16 to 20 years

Class 10510 13 - 15

Class 10530 Open - see Performance Rule #8

Class 10540 Adult

#### **DUOS AND TRIOS - Time limit 4 minutes - See performance Rule #7.**

Class 10550 7 years and under - NON-COMPETITIVE

Class 10560 8 and 9 years - NON-COMPETITIVE

Class 10590 16 to 20 years

Class 10570 10 - 12 years

Class 10600 Open-see Performance Rule #8

Class 10580 13 - 15 years

Class 10610 Adult

#### **GROUPS: Time limit 6 min. - specify time. See performance Rule #7.**

**List all names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2)

Class 10620 7 years and under - NON-COMPETITIVE

Class 10630 8 and 9 years - NON-COMPETITIVE

Class 10640 10 and 11 years

Class 10680 16 to 20 years

Class 10650 12 years

Class 10690 Open-see Performance Rule #8

Class 10660 13 - 15 years

Class 10700 Adult

### **PLEASE NOTE:**

**Cowichan Theatre dressing rooms will open at 8:00 a.m.**

**USE OF CELL PHONES, CAMERAS, AUDIO AND VIDEO RECORDERS IS PROHIBITED**

# DANCE

## **DIVISION TWO: DEMI-CHARACTER AND CHARACTER**

Entries in these solo classes (073-075, 078-080, and 102-104, 107-109) will be considered in the selection of Provincial Festival Competitors.

Competitors may enter demi-pointe (Classes 071-077), and/or pointe (Classes 078-082).

### **DEMI-CHARACTER**

**SOLOS** - Demi-pointe - Time limit 3 minutes - See performance Rule #7

Class 10710 7 years and under - NON-COMPETITIVE

Class 10720 8 and 9 years - NON-COMPETITIVE      Class 10750 16 to 20 years

Class 10730 10 - 12 years      Class 10760 Open - see Performance rule #8

Class 10740 13 - 15 years      Class 10770 Adult

**SOLOS** - Pointe - Time limit 3 minutes - See performance Rule #7.

Class 10780 12 years      Class 10800 16 to 20 years

Class 10790 13 - 15 years      Class 10810 Open - see Performance rule #8

Class 10820 Adult

**DUOS AND TRIOS** - Time limit 4 minutes - See performance Rule #7

Class 10830 7 years and under - NON-COMPETITIVE

Class 10840 8 and 9 years - NON-COMPETITIVE      Class 10870 16 to 20 years

Class 10850 10 - 12 years      Class 10880 Open - see Performance rule #8

Class 10860 13 - 15 years      Class 10890 Adult

**GROUPS** - Time limit 6 minutes - **specify time.** See performance Rule #7

**List names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2)

Class 10900 7 years and under - NON-COMPETITIVE

Class 10910 8 and 9 years - NON-COMPETITIVE

Class 10920 10 and 11 years      Class 10960 16 to 20 years

Class 10930 12 years      Class 10970 Open - see Performance rule #8

Class 10940 13 - 15 years      Class 10980 Adult

### **CHARACTER**

**SOLOS** - Demi-pointe - Time limit 3 minutes - See performance Rule #7

Class 11000 7 years and under - NON-COMPETITIVE

Class 11010 8 and 9 years - NON-COMPETITIVE      Class 11040 16 to 20 years

Class 11020 10 - 12 years      Class 11050 Open-see Performance rule #8

Class 11030 13 - 15 years      Class 11060 Adult

**SOLOS** - Pointe - Time limit 3 minutes - See performance Rule #7.

Class 11070 12 years      Class 11090 16 to 20 years

Class 11080 13 - 15 years      Class 11100 Open - see Performance rule #8

Class 11110 Adult

**DUOS AND TRIOS** - Time limit 4 minutes - See performance Rule #8.

Class 11120 7 years and under - NON-COMPETITIVE

Class 11130 8 and 9 years - NON-COMPETITIVE      Class 11160 16 to 20 years

Class 11140 10 - 12 years      Class 11170 Open - see Performance rule #8

Class 11150 13 - 15 years      Class 11180 Adult

**GROUPS** - Time limit 6 min. - **specify time.** See performance Rule #7.

**List names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2)

Class 11240 7 years and under - NON-COMPETITIVE

Class 11250 8 and 9 years - NON-COMPETITIVE

Class 11260 10 and 11 years      Class 11300 16 to 20 years

Class 11270 12 years      Class 11310 Open - see Performance rule #8

Class 11280 13 - 15 years      Class 11320 Adult

# DANCE

## **DIVISION THREE: INTERPRETIVE**

For Provincial requirements classes 135 - 137

**SOLOS** - Time Limit 3 minutes. See performance Rule #7.

Class 11330 7 years and under - NON-COMPETITIVE

Class 11340 8 and 9 years - NON-COMPETITIVE      Class 11370 16 to 20 years

Class 11350 10 - 12 years

Class 11380 Open-see Performance rule #8

Class 11360 13 - 15 years

Class 11390 Adult

**DUOS AND TRIOS** - Time Limit 4 minutes. See performance Rule #7.

Class 11400 7 years and under - NON-COMPETITIVE

Class 11410 8 and 9 years - NON-COMPETITIVE      Class 11440 16 to 20 years

Class 11420 10 - 12 years

Class 11450 Open-see Performance rule #8

Class 11430 13 - 15 years

Class 11460 Adult

**GROUPS** - Time limit 6 minutes - **specify time**. See performance Rule #7.

**List names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2)

Class 11470 7 years and under - NON-COMPETITIVE

Class 11480 8 and 9 years - NON-COMPETITIVE

Class 11490 10 and 11 years

Class 11530 16 to 20 years

Class 11500 12 years

Class 11540 Open-see Performance rule #8

Class 11510 13 - 15 years

Class 11550 Adult

## **DIVISION THREE - A: CONTEMPORARY BALLET**

**SOLOS** - Time Limit 3 minutes. See performance Rule #7.

Class 12550 7 years and under - NON-COMPETITIVE

Class 12551 8 and 9 years - NON-COMPETITIVE      Class 12554 16 to 20 years

Class 12552 10 - 12 years

Class 12555 Open-see Performance rule #8

Class 12553 13 - 15 years

Class 12556 Adult

**DUOS AND TRIOS** - Time Limit 4 minutes. See performance Rule #7.

Class 12557 7 years and under - NON-COMPETITIVE

Class 12558 8 and 9 years - NON-COMPETITIVE      Class 12561 16 to 20 years

Class 12559 10 - 12 years

Class 12562 Open-see Performance rule #8

Class 12560 13 - 15 years

Class 12563 Adult

**GROUPS** - Time limit 6 minutes - **specify time**. See performance Rule #7.

**List names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2)

Class 12564 7 years and under - NON-COMPETITIVE

Class 12565 8 and 9 years - NON-COMPETITIVE

Class 12566 10 and 11 years

Class 12570 16 to 20 years

Class 12567 12 years

Class 12571 Open-see Performance rule #8

Class 12568 13 - 15 years

Class 12572 Adult

## **DIVISION THREE - B: LYRICAL BALLET**

**SOLOS** - Time Limit 3 minutes. See performance Rule #7.

Class 12573 7 years and under - NON-COMPETITIVE

Class 12574 8 and 9 years - NON-COMPETITIVE      Class 12577 16 to 20 years

Class 12575 10 - 12 years

Class 12578 Open-see Performance rule #8

Class 12576 13 - 15 years

Class 12579 Adult

**DUOS AND TRIOS** - Time Limit 4 minutes. See performance Rule #7.

Class 12580 7 years and under - NON-COMPETITIVE

Class 12581 8 and 9 years - NON-COMPETITIVE      Class 12584 16 to 20 years

Class 12582 10 - 12 years

Class 12585 Open-see Performance rule #8

Class 12583 13 - 15 years

Class 12586 Adult

**GROUPS** - Time limit 6 minutes - **specify time**. See performance Rule #7.

**List names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2)

Class 12587 7 years and under - NON-COMPETITIVE

Class 12588 8 and 9 years - NON-COMPETITIVE

Class 12589 10 and 11 years

Class 12593 16 to 20 years

Class 12590 12 years

Class 12594 Open-see Performance rule #8

Class 12591 13 - 15 years

Class 12595 Adult

## **DIVISION FOUR: CONTEMPORARY/MODERN**

### **CONTEMPORARY/MODERN TECHNIQUE AND MASTER CLASS**

Class 11600 Pre-Junior 7 - 9 years and Junior 10 - 12 years

Class 11610 Intermediate – 13, 14, and 15 years

Class 11620 Senior – 16 – 20 years and Adult/Open

**Grooming** (as follows):

**Females:** May wear any of the following: bodysuit, unitard, capris, fitted pants or shorts, footless tights, fitted tops. **No loose tops.** Hair securely fastened and neatly groomed.

**Males:** Fitted pants or shorts, close fitted tops. **No loose tops.** Hair neatly groomed.

### **CONTEMPORARY/MODERN PERFORMANCE**

To be eligible for the adjudicator's recommendation to compete at the Provincial level in Modern dance, students must enter the MODERN/CONTEMPORARY Master Class at the appropriate age level and perform 2 contrasting modern or contemporary solos, the basis of which will be modern technique including, but not limited to, Graham, Limon, Cunningham, Humphrey and Horton..

### **CONTEMPORARY**

**SOLOS** - Time Limit 3 minutes. See performance Rule #7.

Class 11630 7 years and under - NON-COMPETITIVE

Class 11640 8 and 9 years - NON-COMPETITIVE      Class 11670 16 to 20 years

Class 11650 10 – 12 years      Class 11680 Open-see Performance rule #8

Class 11660 13 – 15 years      Class 11690 Adult

**DUOS AND TRIOS** - Time Limit 4 minutes. See performance Rule #7.

Class 11700 7 years and under - NON-COMPETITIVE      Class 11740 16 to 20 years

Class 11710 8 and 9 years - NON-COMPETITIVE      Class 11750 Open-see Performance rule #8

Class 11720 10 – 12 years      Class 11760 Adult

Class 11730 13 – 15 years

**GROUPS** - Time limit 6 minutes - **specify time.** See performance Rule #7.

**List names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2)

Class 11770 7 years and under - NON-COMPETITIVE      Class 11810 16 to 20 years

Class 11780 8 and 9 years - NON-COMPETITIVE      Class 11820 Open-see Performance rule #8

Class 11790 10 – 12 years      Class 11830 Adult

Class 11800 13 – 15 years

**MODERN** - N.B. Selection of material and choreography contained therein must be appropriate for Festival presentation. See Performance Rule #3.

**SOLOS** - Time Limit 3 minutes. See performance Rule #7.

Class 11840 10 - 12 years      Class 11860 16 to 20 years

Class 11850 13 - 15 years      Class 11870 Open - see Performance rule #8

Class 11880 Adult

**DUOS AND TRIOS** - Time Limit 4 minutes. See performance Rule #7.

Class 11890 10 -12 years      Class 11920 16 to 20 years

Class 11900 13 – 15 years      Class 11930 Open - see Performance rule #8

Class 11910 15 years      Class 11940 Adult

**GROUPS** - Time limit 6 min. - **specify time.** See performance Rule #8.

**List names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2)

Class 11950 10 - 12 years      Class 11980 16 to 20 years

Class 11960 13-15 years      Class 11990 Open - see Performance rule #8

Class 12000 Adult



# DANCE

## **STAGE DANCE**

To be eligible to compete at the Provincial level in Stage Dance, students must enter a master class in either tap or jazz at the appropriate age level. One of their two stage solos must be in the same discipline.

## **STAGE DANCE TECHNIQUE AND MASTER CLASSES**

May enter any or all of jazz, tap, streetdance technique classes, but must submit separate entry forms for each.

### **Grooming:**

**Jazz and Tap**– May wear any of the following: bodysuit, tights, shorts, capris, jazz pants. **Close fitting tops.** Hair neatly groomed. Kneepads may be worn.

**Streetdance** – May wear street clothes. Only shoes with non-marking soles are permitted.

## **DIVISION FIVE: TAP**

### **TAP TECHNIQUE AND MASTER CLASS**

Class 12100 Junior 10 to 12 years

Class 12110 Intermediate 13, 14 and 15 years

Class 12120 Senior 16 to 20 years, Adult/Open

### **TAP PERFORMANCE**

Students entering Classes 217-219 who wish to be eligible to compete at the Provincial Festival must also enter one solo class from Division Six and/or Seven and the **TAP Technique Master Class**. Music must not have tap sounds.

**SOLOS** - Time Limit 3 minutes. See performance Rule #7.

Class 12150 7 years and under - NON-COMPETITIVE

Class 12160 8 and 9 years - NON-COMPETITIVE      Class 12190 16 to 20 years

Class 12170 10 - 12 years      Class 12200 Open-see Performance rule #8

Class 12180 13 - 15 years      Class 12210 Adult

**DUOS AND TRIOS** - Time Limit 4 minutes. See performance Rule #7.

Class 12220 7 years and under - NON-COMPETITIVE

Class 12230 8 and 9 years - NON-COMPETITIVE      Class 12260 16 to 20 years

Class 12240 10 - 12 years      Class 12270 Open - see Performance rule #8

Class 12250 13 - 15 years      Class 12280 Adult

Class 12290 Seniors (55+)

**GROUPS** - Time limit 6 min. - **specify time**. See performance Rule #7.

**List all names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2)

Class 12300 7 years and under - NON-COMPETITIVE

Class 12310 8 and 9 years - NON-COMPETITIVE

Class 12320 10 and 11 years      Class 12360 16 to 20 years

Class 12330 12 years      Class 12370 Open - see Performance rule #8

Class 12340 13 - 15 years      Class 12380 Adult

Class 12390 Seniors (55+)

# DANCE

## DIVISION SIX: JAZZ

### JAZZ TECHNIQUE AND MASTER CLASS

A Technique class in **Jazz** given by the adjudicator in groups according to space and age category. Students wishing to compete at the Provincial level in **Stage Dance** must enter a technique class at the appropriate age level and perform one solo in either traditional or lyrical Jazz and another solo in the Stage Dance Division.

Class 12400 Pre-Junior 7 - 9 years and Junior 10 to 12 years  
Class 12410 Intermediate 13, 14 and 15 years  
Class 12420 Senior 16 to 20 years, Adult/Open

### JAZZ PERFORMANCE

#### TRADITIONAL JAZZ - See Dance definitions

Students entering Classes 246-248 who wish to be eligible to compete at the Provincial Festival must also enter one solo class from Division Five, Seven, and /or Eight as well as Stage Dance Technique Jazz Master Class

#### SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 12440 7 yrs. and under - NON-COMPETITIVE  
Class 12450 8 and 9 years - NON-COMPETITIVE  
Class 12460 10 - 12 years  
Class 12470 13 - 15 years  
Class 12480 16 to 20 years  
Class 12490 Open – see Performance rule #8  
Class 12500 Adult

#### DUOS AND TRIOS - Time Limit 4 minutes. See performance Rule #7.

Class 12526 7 yrs. and under - NON-COMPETITIVE  
Class 12527 8 and 9 years - NON-COMPETITIVE  
Class 12530 10 - 12 years  
Class 12540 13 - 15 years  
Class 12550 16 to 20 years  
Class 12560 Open-see Performance rule #8  
Class 12570 Adult  
Class 12580 Seniors (55+)

#### GROUPS - Time limit 6 min. - **specify time.** See performance Rule #7.

**List all names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2).

Class 12590 7 yrs. and under - NON-COMPETITIVE  
Class 12600 8 and 9 years - NON-COMPETITIVE  
Class 12610 10 and 11 years  
Class 12620 12 years  
Class 12630 13 - 15 years  
Class 12650 16 to 20 years  
Class 12660 Open-see Performance rule #8  
Class 12670 Adult  
Class 12680 Seniors (55+)

#### LYRICAL JAZZ - See Dance definitions.

Students entering Classes 272-274 who wish to be eligible to compete at the Provincial Festival must also enter one solo class from Division Five and /or Seven as well as Stage Dance Technique Jazz.

#### SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 12700 7 years and under - NON-COMPETITIVE  
Class 12710 8 and 9 years - NON-COMPETITIVE  
Class 12720 10 - 12 years  
Class 12730 13 - 15 years  
Class 12740 16 to 20 years  
Class 12750 Open - see Performance rule #8  
Class 12760 Adult

#### DUOS AND TRIOS - Time Limit 4 minutes. See performance Rule #7.

Class 12770 7 years and under - NON-COMP.  
Class 12780 8 and 9 years - NON-COMPETITIVE  
Class 12790 10 - 12 years  
Class 12800 13 - 15 years  
Class 12810 16 to 20 years  
Class 12820 Open - see Performance rule #8  
Class 12830 Adult  
Class 12840 Seniors (55+)

#### GROUPS - Time limit 6 min. - **specify time.** See performance Rule #7.

**List all names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2).

Class 12850 7 years and under - NON-COMP.  
Class 12860 8 and 9 years - NON-COMPETITIVE  
Class 12870 10 and 11 years  
Class 12880 12 years  
Class 12890 13 - 15 years  
Class 12910 16 to 20 years  
Class 12920 Open - see Performance rule #8  
Class 12930 Adult  
Class 12940 Seniors (55+)

# DANCE

## **DIVISION SEVEN: MUSICAL THEATRE**

### **SONG AND DANCE**

To be eligible for the Adjudicator's recommendation to compete at the Provincial level, Musical Theatre dance students must enter Division Seven (classes 302-304), and in addition Division Five, Six and/or Seven as well as Division **Tap Technique or Jazz Technique** as a minimum requirement. Song and dance must have at least 50% dance content.

**SOLOS** - Time Limit 3 minutes. See performance Rule #7.

Class 13000 7 years and under - NON-COMP.

Class 13010 8 and 9 years - NON-COMPETITIVE      Class 13040 16 to 20 years

Class 13020 10 – 12 years      Class 13050 Open-see Performance rule #8

Class 13030 13 - 15 years      Class 13060 Adult

**DUOS AND TRIOS** - Time Limit 4 minutes. See performance Rule #7.

Class 13070 7 years and under - NON-COMP.      Class 13110 16 to 20 years

Class 13080 8 and 9 years - NON-COMPETITIVE      Class 13120 Open - see Performance rule #8

Class 13090 10 – 12 years      Class 13130 Adult

Class 13100 13 – 15 years      Class 13140 Seniors (55+)

**GROUPS** - Time limit 6 minutes - **specify time**. See performance Rule #7.

**List names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2)

Class 13150 7 years and under - NON-COMP.

Class 13160 8 and 9 years - NON-COMPETITIVE      Class 13210 16 to 20 years

Class 13170 10 and 11 years      Class 13220 Open-see Performance rule #8

Class 13180 12 years      Class 13230 Adult

Class 13190 13 - 15 years      Class 13240 Seniors (55+)

## **MODERN STAGE/VARIETY**

To be eligible for the Adjudicator's recommendation to compete at the Provincial level, Musical Theatre dance students must enter Division Seven (classes 327-329), and in addition Division Five and/or Six as well as Division **Stage Dance Technique** as a minimum requirement.

**SOLOS** - Time Limit 3 minutes. See performance Rule #7.

Class 13250 7 years and under - NON-COMP.

Class 13260 8 and 9 years - NON-COMPETITIVE      Class 13290 16 to 20 years

Class 13270 10 – 12 years      Class 13300 Open-see Performance rule #8

Class 13280 13 - 15 years      Class 13310 Adult

**DUOS AND TRIOS** - Time Limit 4 minutes. See performance Rule #7.

Class 13320 7 years and under - NON-COMP.      Class 13360 16 to 20 years

Class 13330 8 and 9 years - NON-COMPETITIVE      Class 13370 Open - see Performance rule #8

Class 13340 10 and 11 years      Class 13380 Adult

Class 13345 12 years

Class 13350 13 - 15 years      Class 13390 Seniors (55+)

**GROUPS** - Time limit 6 minutes - **specify time**. See performance Rule #7.

**List names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2).

Class 13400 7 years and under - NON-COMP.

Class 13410 8 and 9 years - NON-COMPETITIVE      Class 13460 16 to 20 years

Class 13420 10 and 11 years      Class 13470 Open-see Performance rules #8

Class 13430 12 years      Class 13480 Adult

Class 13440 13 - 15 years      Class 13490 Seniors (55+)

# DANCE

## **DIVISION EIGHT: STREET DANCE**

- SEE DANCE PERFORMANCE RULE #5, Re: Lyrics and costumes.

Intermediate and Senior dancers who are eligible to compete at the Provincial Festival may use a Street Dance Solo as a **second** solo, if recommended by the Adjudicator.

## **STREET DANCE TECHNIQUE AND MASTER CLASS**

Class 13500 Pre-Junior 7 - 9 years and Junior 10 to 12 years

Class 13510 Intermediate 13, 14 and 15 years

Class 13520 Senior 16 to 20 years, Adult/Open

## **STREET DANCE PERFORMANCE**

**SOLOS** - Time Limit 3 minutes. See performance Rule #7.

Class 13540 7 & under (non-competitive)

Class 13580 16 to 20 years

Class 13550 8 - 9 years (non-competitive)

Class 13590 Open - see Performance rule #8

Class 13560 10 - 12 years

Class 13600 Adult

Class 13570 13 - 15 years

**DUOS AND TRIOS** - Time Limit 4 minutes. See performance Rule #7

Class 13610 7 & under (non-competitive)

Class 13650 16 to 20 years

Class 13620 8 - 9 years (non-competitive)

Class 13660 Open - see Performance rule #8

Class 13630 10 - 12 years

Class 13670 Adult

Class 13640 13 - 15 years

**GROUPS** - Time limit 6 min. - **specify time**. See performance Rule #7.

**List all names, ages on back of entry form in alphabetical order by last name.** (Entry Rule # 2)

Class 13680 7 & under (non-competitive)

Class 13690 8 - 9 years (non-competitive)

Class 13700 10 and 11 years

Class 13740 16 to 20 years

Class 13710 12 years

Class 13750 Open - see Performance rule #8

Class 13720 13 - 15 years

Class 13760 Adult

# DANCE

## **DIVISION NINE: CHARACTER NATIONAL and NATIONAL**

**ALL** CLASSES IN THIS DIVISION (CHARACTER NATIONAL/NATIONAL) ARE

**NON-COMPETITIVE** except for Solo dancers also competing in the ballet category. Please state this clearly on the entry form.

**NATIONAL:** - Please state **Country of origin of dance** on entry form. e.g. Polynesia, Hungary, Spain, Ireland, Scotland, etc.

**SOLOS** - Time Limit 3 minutes. See performance Rule #7.

Class 14000	7 years and under	Class 14040	16 to 20 years
Class 14010	8 and 9 years	Class 14050	Open - see Performance rule #8
Class 14020	10 - 12 years	Class 14060	Adult
Class 14030	13 - 15 years		

**DUOS AND TRIOS** - Time Limit 4 minutes. See performance Rule #7.

Class 14070	7 years and under	Class 14110	16 to 20 years
Class 14080	8 and 9 years	Class 14120	Open - see Performance rule #8
Class 14090	10 - 12 years	Class 14130	Adult
Class 14100	13 - 15 years		

**GROUPS** - Time limit 6 min. - **specify time**. See performance Rule #7.

**List names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2).

Class 14140	7 years and under		
Class 14150	8 and 9 years		
Class 14160	10 and 11 years	Class 14200	16 to 20 years
Class 14170	12 years	Class 14210	Open - see Performance rules page 3, #8
Class 14180	13 - 15 years	Class 14220	Adult

**CHARACTER NATIONAL:** - See category definitions.

Entries in these solo classes will be considered in the selection of Provincial Festival competitors if all other requirements have been fulfilled. Scottish Jigs and hornpipes may also enter this category.

**SOLOS** - Time limit 3 minutes. See performance Rule #7.

Class 14230	7 years and under	Class 14270	16 to 20 years
Class 14240	8 and 9 years	Class 14280	Open-see Performance rule #8
Class 14250	10 - 12 years	Class 14290	Adult
Class 14260	13 - 15 years		

**DUOS AND TRIOS** - Time limit 4 minutes. See performance Rule #7.

Class 14300	7 years and under	Class 14340	16 to 20 years
Class 14310	8 and 9 years	Class 14350	Open - see Performance rule #8
Class 14320	10 - 12 years	Class 14360	Adult
Class 14330	13 - 15 years		

**GROUPS** - Time limit 6 minutes - **specify time**. See performance Rule #7.

**List names, ages on back of entry form in alphabetical order by last name.** (Entry Rule #2).

Class 14370	7 years and under		
Class 14380	8 and 9 years	Class 14430	16 to 20 years
Class 14390	10 and 11 years	Class 14440	Open - see Performance rule #8
Class 14400	12 years	Class 14450	Adult
Class 14410	13 - 15 years		

# DANCE

**DIVISION TEN: PRODUCTION NUMBERS** - Competitive - Entry Fee \$55.00

**SCHOOL, COMMUNITY OR STUDIO PRODUCTION:** Original choreography - May use any technique. Must include 8 or more performers and must have a *theme or storyline*. **A brief written interpretation** with title of dance and composer of music **MUST** be submitted to the Chairman prior to performance or will be considered for adjudication only. **List all names on back of entry form in alphabetical order by last name.** See Dance Entry Rule #2.

Class 14500 Any Age Time limit 10 min. - **specify time - will be timed.** See performance Rule #7.

**DIVISION ELEVEN: YOUNG CHOREOGRAPHERS – ONLY ONE ENTRY PER CHOREOGRAPHER IN THIS DIVISION.** Students choose own music, theme and style. Style of dance will be required on the registration form. Performers must be listed on the entry form. Choreographers notes will be taken into consideration as part of the adjudication and must be in a form that will allow the dance to be repeated by different dancers. Choreographers should think of the following when creating and include as much as of the process as possible in their notes:

- Describe what made you decide on the music you selected for your piece.
- Does your dance have a story or emotion that you are trying to convey? Describe.
- Describe your process. How did you choreograph your piece?
- What was the impact of your costume?
- What challenges did you have during this process?
- How did you overcome those challenges?
- What are you most proud of with this piece?

**Notes must be given to Dance Chair 48 hours prior to performance.**

**YOUNG CHOREOGRAPHERS: BALLET, STAGE OR MODERN - (State which on entry form)**

Age applies to choreographer only. See Choreography Notes.

**SOLOS** - Time limit 3 minutes. See performance Rule #7.

Class 12500 12 years and under

Class 12502 16 to 20 years

Class 12501 13 – 15 years

Class 12503 Open

**DUOS AND TRIOS:** Time limit 4 minutes. See performance Rule #7.

Class 12504 Junior 12 & under

Class 12506 Senior 16 to 20 years

Class 12505 Intermediate 13 - 15 years

Class 12507 Open

**GROUPS:** Time limit 6 minutes. See performance Rule #7.

**List all names on back of entry form in alphabetical order by last name.** (Entry Rule #2)

Class 12508 12 and over

**YOUNG CHOREOGRAPHERS - HIGHLAND - ONE ENTRY ONLY IN THIS DIV. - NON-COMPETITIVE**

Original choreography by a student(s) for self or another individual, duo, trio or group, using only Highland dance steps. Age applies to choreographer only. May have two or more collaborating. **Choreography only** is adjudicated.

Detailed written choreography, including title of dance, composer and title of music used, must be given to Chairman **at least 24 hours** prior to performance or will be considered for adjudication only.

List choreographer(s) and dancer(s) on entry form.

**SOLOS** - Time limit 3 minutes. See performance Rule #7.

Class 12509 12 years & under

Class 12510 13 - 15 years

Class 12511 16 – 20 years

Class 12512 Open

**DUOS AND TRIOS:** Time limit 4 minutes. See performance Rule #7.

Class 12513 Junior 12 years & under

Class 12515 16 to 20 years

Class 12514 Intermediate 13 - 15 years

Class 12516 Open

**GROUPS:** Time limit 6 minutes - See performance Rule #7.

Class 12517 12 and over.

# DANCE

## **DIVISION TWELVE: MUSIC INTERPRETATION**

Adjudicator will choose a suitable selection of music which will be played **TWICE**, then each competitor will enter the stage separately to dance to the music on the **third** playing. Practice clothes should be worn.

### **BALLET, STAGE OR MODERN**

Class 12518 Pre-Jr. 9 yrs. & under (NON-COMP.)    Class 12520 Intermediate 13 - 15 years  
Class 12519 Junior 10 - 12 years    Class 12521 Senior 16 to 20 years

### **HIGHLAND**

Class 12522 Pre-Jr. 9 yrs. & under (NON-COMP.)    Class 12524 Intermediate 13 - 15 years  
Class 12523 Junior 10 - 12 years    Class 12525 Senior 16 to 20 years

## **DIVISION THIRTEEN: Acrobatic Dance**

**SOLOS** - Time Limit 3 minutes. See performance Rule #7.

Class 15540 7 & under (non-competitive)    Class 15580 16 to 20 years  
Class 15550 8 - 9 years (non-competitive)    Class 15590 Open - see Performance rule #8  
Class 15560 10 - 12 years    Class 15600 Adult  
Class 15570 13 - 15 years

**DUOS AND TRIOS** - Time Limit 4 minutes. See performance Rule #7

Class 15610 7 & under (non-competitive)    Class 15650 16 to 20 years  
Class 15620 8 - 9 years (non-competitive)    Class 15660 Open - see Performance rule #8  
Class 15630 10 - 12 years    Class 15670 Adult  
Class 15640 13 - 15 years

**GROUPS** - Time limit 6 min. - **specify time**. See performance Rule #7.

Class 15680 7 & under (non-competitive)  
Class 15690 8 - 9 years (non-competitive)  
Class 15700 10 and 11 years    Class 15740 16 to 20 years  
Class 15710 12 years    Class 15750 Open - see Performance rule #8  
Class 15720 13 - 15 years    Class 15760 Adult

## DANCE Entry Fees

Age Level	Solos	Duos and Trios	Groups
Junior	\$25.00	\$40.00	\$55.00
Intermediate	\$27.00	\$40.00	\$60.00
Senior/Adult	\$30.00	\$40.00	\$65.00

## MASTER CLASSES FOR BALLET, TAP, JAZZ

JR., INT.    \$25.00  
SR./OPEN    \$30.00

Family Group: \$30.00    Productions: \$65.00