

DANCE

Tentative start: February 21, 2021

**PLEASE NOTE: THE 2021 FESTIVAL WILL ONLY BE FOR SOLO PERFORMANCES.
THIS IS TEMPORARY for 2021**

ENTRY RULES **Note: Incomplete Entry Forms will be returned.**

Before submitting entries to this section, PLEASE READ GENERAL RULES, ENTRY RULES, AND PERFORMANCE RULES, on pages 2 and 3, and ENTRY FEES listed in this section.

PLEASE NOTE: All entries must be submitted through the studio in which the dancer trains. All incomplete entries will be returned to the appropriate studio. If the dancer is a resident of the Cowichan Valley who trains elsewhere, he or she may enter as an independent dancer. Entries which are not completed by the deadline for rough copy changes will not be included in the program.

1. ***Entries forms must indicate whether they, the dancer (solos only) wish to be in the COMPETITIVE or PERFORMANCE category. All payments must be made by January 15/21, either by an accompanying cheque, or an e-transfer sent during the week of January 11 -15. Do not e-transfer before Jan. 11th.***
2. The name of the dance, the title and composer of the music and the choreographer MUST BE SPECIFIED ON EACH ENTRY FORM. **ENTRIES WITHOUT THIS INFORMATION will be not be included in the program.** The name of the show is to be included if it is a musical theatre piece. The name of a private dance studio **must not** be part of the dance name. Any substitution of original material will result in the entry receiving an ADJUDICATION ONLY. **NOTE:** Check specific rules for each Division. Entries in an incorrect class will be **DISQUALIFIED**.
3. No performer may perform more than once in solo classes in each division. This will result in **DISQUALIFICATION**.
4. **Entrants in doubt** about the correctness of their entry forms should contact their Dance Teacher, who will contact the Dance Committee for clarification. **Changes made after the deadline will result in Adjudication Only**
5. **A rough copy of the program will be available to all schools and studios as soon as possible after January 15th, 2021. Changes on rough copy must be made prior to January 22, 2021. No changes WHATSOEVER after this date**
6. In order to be eligible for Provincial Competition, dancers must enter a minimum of two solos in a discipline and receive a score of 85 or higher in both solos. All entries must be complete by the **entry deadline**. (Workshops, normally required, have been suspended for 2021 only)

PERFORMANCE RULES

1. **Any discussion or other communication with the Adjudicator by parents, students or teachers is not allowed and will result in disqualification.**
2. Cowichan Music Festival, Dance Section, is presently working on establishing a procedure for submitting music for performers in a drop box. As detail become solidified studios will be notified.
3. Lyrics, costumes and dance content must be suitable for the age level of the dancers and reflect Festival standards. If, in the opinion of the Adjudicator, language, content or costuming is inappropriate, he or she will ring the bell, the music will stop and the dance will not be completed. No adjudication will be given and the performers will not be permitted on stage for adjudication.
4. Props must be integral to the performance and **MUST BE SET AND STRUCK BY THE DANCER**. Props must not be just for scenery.
5. There is **no glitter** allowed in the theatre, whether in costumes, hair, makeup or props. Studios who fail to comply will be billed for theatre cleaning.
6. Studio identification is not to be worn onstage by anyone at any time, including adjudication.
7. **OBSERVE TIME LIMITS** - All dances will be timed. Overtime dances will be disqualified.
8. Teachers must be in open classes only. If a teacher is needed to substitute for a missing dancer, that entry will be moved to an open class.
9. No food or drinks, **including water**, are allowed backstage.
10. **NO PARENTS** are allowed backstage without prior permission from the Dance Committee. No teachers are allowed backstage during any music interpretation class.
11. The program will proceed as scheduled. It is the responsibility of the performers to free their time accordingly. Notify the Committee of the intention to withdraw from a class **BEFORE** the session begins.

12. All music must comply with copyright rules, with no changes to music or lyrics whatsoever. If lyrics are unacceptable, find and submit the “clean version”.
13. Lights are preset and will remain the same for all performances. The curtain will not be used.
14. DO NOT ENTER OR EXIT THE THEATRE DURING A PERFORMANCE OR ADJUDICATION.
15. **Only one actively supervising adult per entry is permitted in the backstage per session.**
16. **No phones backstage.** See Dance Chair for exceptions.

CPAC RULES New for 2021

Dancers must arrive ready to dance. There will be **NO DRESSING ROOMS available for hair and makeup.*

Costuming and makeup must be done prior to dancer arriving at the theatre.

**Teachers and performers will enter and exit the building at the loading door only (at rear of building) and must sign in and out.*

**Rehearsal hall will be made available for warm up.*

**Access to the Stage from the 1st floor will be from the Stage Right stairwell only.*

**Access to the 1st floor will be from the Stage Left stairwell only.*

**Theatre audience is limited to 50 people. Each person must pre-register for each session and follow the social distancing guidelines,*

DANCE

AWARDS

*A number of AWARDS will be given to encourage and assist worthy entrants in their pursuit of artistic studies. To merit these awards, competitors must reach a standard of accomplishment satisfactory to the Adjudicators. The **ADJUDICATORS HAVE SOLE RESPONSIBILITY FOR THE SELECTION OF RECIPIENTS.***

Provincial Competitors must receive a mark of 85 or higher to be eligible.

CATEGORY DEFINITIONS:

BALLET: Dance based on any method of classical ballet technique. (Russian, Cecchetti, R.A.D. etc.) The dance tells no story. No sets permitted; hand-held prop may be used if integral to the dance. ***Ballet shoes should be worn for all categories***

NO VOCAL MUSIC IN SOLO CLASSES.

Dances with lyrics must be in the LYRICAL BALLET category.

CHARACTER: A definite character must be portrayed whereby the dancer becomes the whole character using any medium other than the pure classical form: e.g. mime, and telling a story. Music and dance should not be taken from the Musical Theatre. Simple props may be used if integral to the dance. **NO VOCAL MUSIC.**

DEMI-CHARACTER: As interpreted through the Ballet medium using ballet steps from the waist down, and the character from the waist up with minimal use of simple props, if integral to the dance. **NO VOCAL MUSIC.**

INTERPRETIVE: Any technique may be used as long as the body is the medium of interpretation to portray an intangible idea or mood, real or imaginary, modern, abstract or traditional; **NO VOCAL MUSIC.** Keep in mind that the dancer should not portray a person or character.

CONTEMPORARY BALLET: Incorporates classical ballet techniques with greater range of movements which may not adhere to strict body lines for classical ballet. This style includes non-traditional movements, such as more relaxed steps, floor work and turned in legs, etc., to portray the concept of being more innovative, free and earth-bound. They physical interpretation of the theme that the choreographer envisioned allows for more expressive emotions and feelings.

LYRICAL BALLET:

Continual, gentle flowing technical ballet movements. Music may contain words. No lip-syncing permitted.

THIS ENTRY DOES NOT QUALIFY FOR PROVINCIAL RECOMMENDATION

NATIONAL: An **authentic** National dance from any specified Country. Music and costume should correspond to the dance. Highland dances are permitted.

FOLK: Group dances, Own Choice. Country/Folk dance: i.e. France/Farondole, Austria/Schulplattler, Scotland/Dashing White Sergeant. Any authentic singing game or folkdance, excluding Maypole Dance.

CHARACTER-NATIONAL: Dance based on traditional dance style of one country. **Must portray a character in dance form.** Highland dances are permitted.

CONTEMPORARY: Free movement of dance encompassing various dance disciplines; a constantly evolving style of movement that explores and gives physicality to human ideologies, behaviours and emotions, with emphasis on engaging the whole body. **VOCAL OR NON-VOCAL MUSIC.**

MODERN: A stylized dance form with its foundations on a technique based discipline such as Graham, Limon, Cunningham, Humphrey, Horton and Ailey, etc. Dance based on the dynamism of natural rhythms such as contraction and release, fall and recovery. Students may be asked by the adjudicator to explain what modern technique is being used and give an example of a step/movement that displays this technique. **VOCAL OR NON-VOCAL MUSIC.**

TAP: Dance based on any recognized tap technique. Straight tap, hand-held props: i.e. hat, cane. Must not have tap dancing sounds in music. **VOCAL OR NON-VOCAL MUSIC**

JAZZ: Traditional: Dance based on any recognized jazz technique. An interpretation of the music in the jazz dance idiom. Free movement, improvised and usually characterized by syncopated rhythm and use of isolated movements. No more than two acrobatic tricks are permitted in this category. Splits and jazz floor work permitted. **Does not include Street dance steps** - see Division Eight.

LYRICAL JAZZ: . A Lyrical Jazz routine places emphasis on flowing lyrical movements while using Jazz technique. May interpret the lyrics or mood (intent) of a song. **VOCAL OR NON-VOCAL MUSIC**

STREET DANCE: A constantly evolving form of dance that relies on individualism and personal style and emphasizes the expressive power of movement – should include but not be limited to choreography that incorporates a blend of contemporary, funk and street style with jazz technique. May include gliding, popping, locking, waving and utilize house, old school and new school. Hip Hop, Animation, Jookin, Krump, B Boy/Girl, Tufing, Brukup, Weking, Struttling, etc. Also, may include gymnastics/power moves or any series of tricks or stunts as long as music, costumes and lyrics are age appropriate. Dancer should be prepared to be questioned by the Adjudicator as to the style they are using.

MUSICAL THEATRE:

Song and Dance: - Routine suited to a stage production. 50% own voice, 50% dance. **NO VOCAL MUSIC.**

Modern Stage/Variety: - dance suited to a stage production, musical theatre, review, or cabaret, etc. Must be entertaining and diversified in movement and have a character base. **No live voice. Lip-synching permitted.**

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USE OF CELL PHONES, CAMERAS, AUDIO AND VIDEO RECORDERS IS PROHIBITED

DIVISION ONE: BALLET

****NOTE:** All Classes 9 years and under are *PERFORMANCE ONLY*

BALLET PERFORMANCE. Ballet shoes must be worn.

To be eligible for the Adjudicator's recommendation to compete at the Provincial level, Ballet students must register, as a minimum one class 045-047 or 050-052 and also one solo class from Division Two (either Character or Demi-Character) or Division Three (Interpretive). Students may choose to enter demi-pointe (all classes 042-049), and/or pointe (Classes 050-054). Competitors must receive a mark of 85 or higher to be eligible.

SOLOS - Demi-pointe - Time limit 3 minutes - See performance Rule #7

Class 042 First year student, any age: Specify age. – *PERFORMANCE ONLY*

Class 043 7 years and under - *PERFORMANCE ONLY*

Class 044 8 and 9 years - *PERFORMANCE ONLY* Class 047 16 to 20 years

Class 045 10 - 12 years Class 048 Open - see Performance Rule #8

Class 046 13 - 15 years Class 049 Adult

SOLOS - Pointe - Time limit 3 minutes - See performance Rule #7.

Class 050 12 years Class 052 16 to 20 years

Class 051 13 - 15 Class 053 Open - see Performance Rule #8

Class 054 Adult

PLEASE NOTE:

***Cowichan Performing Arts Centre dressing rooms will not be open during
the 2021 Festival***

DIVISION TWO: DEMI-CHARACTER AND CHARACTER

Entries in these solo classes (073-075, 078-080, and 102-104, 107-109) will be considered in the selection of Provincial Festival Competitors. Competitors must receive a mark of 85 or higher to be eligible. Competitors may enter demi-pointe (Classes 071-077), and/or pointe (Classes 078-082).

DEMI-CHARACTER

SOLOS - Demi-pointe - Time limit 3 minutes - See performance Rule #7

Class 071 7 years and under - *PERFORMANCE ONLY*

Class 072 8 and 9 years - *PERFORMANCE ONLY* Class 075 16 to 20 years

Class 073 10 - 12 years Class 076 Open - see Performance rule #8

Class 074 13 - 15 years Class 077 Adult

SOLOS - Pointe - Time limit 3 minutes - See performance Rule #7.

Class 078 12 years Class 080 16 to 20 years

Class 079 13 - 15 years Class 081 Open - see Performance rule #8

Class 082 Adult

CHARACTER

SOLOS - Demi-pointe - Time limit 3 minutes - See performance Rule #7

Class 100 7 years and under - *PERFORMANCE ONLY*

Class 101 8 and 9 years - *PERFORMANCE ONLY* Class 104 16 to 20 years

Class 102 10 - 12 years

Class 105 Open-see Performance rule #8

Class 103 13 – 15 years

Class 106 Adult

SOLOS - Pointe - Time limit 3 minutes - See performance Rule #7.

Class 107 12 years

Class 109 16 to 20 years

Class 108 13 - 15 years

Class 110 Open - see Performance rule #8

Class 111 Adult

DIVISION THREE: INTERPRETIVE

For Provincial requirements classes 135 - 137

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 133 7 years and under - *PERFORMANCE ONLY*

Class 134 8 and 9 years - *PERFORMANCE ONLY* Class 137 16 to 20 years

Class 135 10 - 12 years

Class 138 Open-see Performance rule #8

Class 136 13 - 15 years

Class 139 Adult

DIVISION THREE - A: CONTEMPORARY BALLET

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 2550 7 years and under - *PERFORMANCE ONLY*

Class 2551 8 and 9 years - *PERFORMANCE ONLY* Class 2554 16 to 20 years

Class 2552 10 - 12 years

Class 2555 Open-see Performance rule #8

Class 2553 13 - 15 years

Class 2556 Adult

DIVISION THREE - B: LYRICAL BALLET

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 2573 7 years and under - *PERFORMANCE ONLY*

Class 2574 8 and 9 years - *PERFORMANCE ONLY* Class 2577 16 to 20 years

Class 2575 10 - 12 years

Class 2578 Open-see Performance rule #8

Class 2576 13 - 15 years

Class 2579 Adult

DIVISION FOUR: CONTEMPORARY/MODERN

Teachers: Please, make sure that your dancer is registered in the correct category (Contemporary vs Modern)

CONTEMPORARY/MODERN PERFORMANCE

To be eligible for the adjudicator's recommendation to compete at the Provincial level in Modern dance, students must perform 2 contrasting modern or contemporary solos, the basis of which will be modern technique including, but not limited to, Graham, Limon, Cunningham, Humphrey and Horton. Also, receive a mark of 85 or higher in each solo.

CONTEMPORARY

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 163 7 years and under - *PERFORMANCE ONLY*

Class 164 8 and 9 years - *PERFORMANCE ONLY* Class 167 16 to 20 years

Class 165 10 – 12 years

Class 168 Open-see Performance rule #8

Class 166 13 – 15 years

Class 169 Adult

MODERN - N.B. Selection of material and choreography contained therein must be appropriate for Festival presentation. See Performance Rule #3.

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 184 10 - 12 years

Class 186 16 to 20 years

Class 185 13 - 15 years

Class 187 Open - see Performance rule #8

Class 188 Adult

DIVISION FIVE: TAP

TAP PERFORMANCE

Students entering Classes 217-219 who wish to be eligible to compete at the Provincial Festival must also enter one solo class from Division Six and/or Seven and receive a mark higher than 85. Music must not have tap sounds.

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 215 7 years and under - *PERFORMANCE ONLY*

Class 216 8 and 9 years - *PERFORMANCE ONLY* Class 219 16 to 20 years

Class 217 10 - 12 years

Class 220 Open-see Performance rule #8

Class 218 13 - 15 years

Class 221 Adult

DIVISION SIX: JAZZ

JAZZ PERFORMANCE

- See Dance definitions

Students entering Classes 246-248 who wish to be eligible to compete at the Provincial Festival must also enter one solo class from Division Five, Seven, and receive a mark of 85 or higher.

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 244 7 yrs. and under - *PERFORMANCE ONLY*

Class 245 8 and 9 years - *PERFORMANCE ONLY* Class 248 16 to 20 years

Class 246 10 - 12 years

Class 249 Open – see Performance rule #8

Class 247 13 - 15 years

Class 250 Adult

LYRICAL JAZZ - See Dance definitions.

Students entering Classes 272-274 who wish to be eligible to compete at the Provincial Festival must also enter one solo class from Division Five and /or Seven as well as receive receive a mark of 85 or higher.

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 270 7 years and under - *PERFORMANCE ONLY*

Class 271 8 and 9 years - *PERFORMANCE ONLY* Class 274 16 to 20 years

Class 272 10 – 12 years

Class 275 Open - see Performance rule #8

Class 273 13 - 15 years

Class 276 Adult

DIVISION SEVEN: MUSICAL THEATRE

SONG AND DANCE

To be eligible for the Adjudicator's recommendation to compete at the Provincial level, Musical Theatre dance students must enter Division Seven (classes 302-304), and in addition Division Five, Six and/or Seven as well as receive a mark of 85 or higher. Song and dance must have at least 50% dance content.

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 300 7 years and under - *PERFORMANCE ONLY*

Class 301 8 and 9 years - *PERFORMANCE ONLY* Class 304 16 to 20 years

Class 302 10 – 12 years

Class 305 Open-see Performance rule #8

Class 303 13 - 15 years

Class 306 Adult

MODERN STAGE/VARIETY

To be eligible for the Adjudicator's recommendation to compete at the Provincial level, Musical Theatre dance students must enter Division Seven (classes 327-329), and in addition Division Five and/or Six as well as receive a mark of 85 for higher.

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 325 7 years and under - *PERFORMANCE ONLY*

Class 326 8 and 9 years - *PERFORMANCE ONLY* Class 329 16 to 20 years

Class 327 10 – 12 years

Class 330 Open-see Performance rule #8

Class 328 13 - 15 years

Class 331 Adult

DIVISION EIGHT: STREET DANCE

- SEE DANCE PERFORMANCE RULE #5, Re: Lyrics and costumes.

Intermediate and Senior dancers who are eligible to compete at the Provincial Festival may use a Street Dance Solo ***ONLY*** as a **second** solo, if recommended by the Adjudicator.

STREET DANCE PERFORMANCE

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 354 7 & under - *PERFORMANCE ONLY* Class 358 16 to 20 years

Class 355 8 – 9 years - *PERFORMANCE ONLY* Class 359 Open - see Performance rule #8

Class 356 10 - 12 years

Class 360 Adult

Class 357 13 - 15 years

DIVISION NINE: CHARACTER NATIONAL and NATIONAL

ALL CLASSES IN THIS DIVISION (CHARACTER NATIONAL/NATIONAL) ARE **NON-COMPETITIVE** except for Solo dancers also competing in the ballet category. Please state this clearly on the entry form.

NATIONAL: - Please state **Country of origin of dance** on entry form. e.g. Polynesia, Hungary, Spain, Ireland, Scotland, etc.

SOLOS - Time Limit 3 minutes. See performance Rule #7.

Class 400 7 years and under

Class 404 16 to 20 years

Class 401 8 and 9 years

Class 405 Open - see Performance rule #8

Class 402 10 - 12 years

Class 406 Adult

Class 403 13 – 15 years

CHARACTER NATIONAL: - See category definitions.

Entries in these solo classes will be considered in the selection of Provincial Festival competitors if all other requirements have been fulfilled. Scottish Jigs and hornpipes may also enter this category.

SOLOS - Time limit 3 minutes. See performance Rule #7.

Class 423 7 years and under

Class 427 16 to 20 years

Class 424 8 and 9 years

Class 428 Open-see Performance rule #8

Class 425 10 – 12 years

Class 429 Adult

Class 426 13 – 15 years

DIVISION ELEVEN: YOUNG CHOREOGRAPHERS – ONLY ONE ENTRY PER CHOREOGRAPHER IN THIS DIVISION. Students choose own music, theme and style. Style of dance will be required on the registration form. Performers must be listed on the entry form. Choreographers notes – *32 counts in as much detail as possible and the answer to the following questions* - will be taken into consideration as part of the adjudication and must be in a form that will allow the dance to be repeated by different dancers. Choreographers should think of the following when creating and include as much as of the process as possible in their notes:

- Describe what made you decide on the music you selected for your piece.
- Does your dance have a story or emotion that you are trying to convey? Describe.
- Describe your process. How did you choreograph your piece?
- What was the impact of your costume?
- What challenges did you have during this process?
- How did you overcome those challenges?
- What are you most proud of with this piece?

Notes must be given to Dance Chair 48 hours prior to performance.

YOUNG CHOREOGRAPHERS: All Dance Genre. - (State which on entry form)

Age applies to choreographer only. See Choreography Notes.

SOLOS - Time limit 3 minutes. See performance Rule #7.

Class 2500 12 years and under

Class 2502 16 to 20 years

Class 2501 13 – 15 years

Class 2503 Open

YOUNG CHOREOGRAPHERS - HIGHLAND - ONE ENTRY ONLY IN THIS DIV. NON-COMPETITIVE

Original choreography by a student(s) for self or another individual, duo, trio or group, using only Highland dance steps. Age applies to choreographer only. **Choreography only** is adjudicated. Detailed written choreography, including title of dance, composer and title of music used, must be given to Chairman **at least 24 hours** prior to performance or will be considered for adjudication only.

List choreographer and dancer on entry form.

SOLOS - Time limit 3 minutes. See performance Rule #7.

Class 2509 12 years & under

Class 2510 13 - 15 years

Class 2511 16 – 20 years

Class 2512 Open

DIVISION TWELVE: MUSIC INTERPRETATION

Adjudicator will choose a suitable selection of music which will be played **TWICE**, then each competitor will enter the stage separately to dance to the music on the **third** playing. Practice clothes should be worn.

BALLET, STAGE OR MODERN

Class 2518 Pre-Jr. 9 yrs. & under (NON-COMP.)

Class 2520 Intermediate 13 - 15 years

Class 2519 Junior 10 – 12 years

Class 2521 Senior 16 to 20 years

Class 2521 A Open